



PANKO BREADED

SALMON NUGGETS



Protein
17g
per serving

Good Source of
B
Vitamins

High in
D
Vitamins

High in
E
Vitamins

SERVING
SUGGESTION

16oz. (453.6g)

KEEP FROZEN
DO NOT REFREEZE

Nutrition Facts

4 servings per container

Serving Size 4 nuggets (113g)

Amount Per Serving

Calories **300**

% Daily Value*

Total Fat 17g **22%**

Saturated Fat 3g **15%**

Trans Fat 0g

Cholesterol 40mg **13%**

Sodium 180mg **8%**

Total Carbohydrate 19g **7%**

Dietary Fiber 0g **0%**

Total Sugars 0g

Includes 0g Added Sugars **0%**

Protein 17g

Vitamin D 8mcg 40%

Calcium 15mg 2%

Iron 1mg 6%

Potassium 292mg 6%

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS:

FISH (SALMON), ENRICHED WHEAT FLOUR (ENRICHED WITH NIACIN, FERROUS SULFATE, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), WATER, CANOLA OIL, MODIFIED CORN STARCH, WHEAT FLOUR, YELLOW CORN FLOUR, CONTAINS LESS THAN 2% OF THE FOLLOWING: SUGAR, BLEACHED WHEAT FLOUR, SALT, GARLIC POWDER, SOYBEAN OIL (AS A PROCESSING AID), SPICE EXTRACTIVE, YEAST, ONION POWDER, DEXTROSE, SPICES (INCLUDING CELERY SEED), YEAST EXTRACT, CITRIC ACID, NATURAL FLAVORS, CALCIUM PROPIONATE (PRESERVATIVE)

CONTAINS:

FISH (SALMON), WHEAT, SOY



This recipe includes one or more BE ingredients.

Panko Breaded Salmon Nuggets feature premium salmon coated in golden panko breadcrumbs. Made without artificial flavors or colorings, this wholesome option brings you natural goodness in every flaky, crispy bite.



COOKING INSTRUCTIONS:



AIR FRY: 390°F for 7-9 minutes or until 155°F internally. Let rest 2-3 minutes before enjoying.



OVEN BAKE: Preheat oven to 425°F. Bake for 16-18 minutes or until 155°F internally. Let rest 2-3 minutes before enjoying.

PANKO BREADED

SALMON NUGGETS

CHANNEL FISH PROCESSING CO., INC.
200 COMMERCE DRIVE BRAINTREE, MA 02184

